

Cork City Wild Walks

Cork Nature Network is delighted to present 'Wild Walks'. This is an initiative that showcases green spaces throughout Cork City, which can be explored using the map overleaf. The link provides information about the species that inhabit these areas, along with their locations: www.corknaturenetwork.ie/category/wild-walks/. This project showcases the amazing biodiversity of Cork, highlighting the diverse habitats that range from coastal woodlands to vibrant wildflower meadows.

What is a green space and why are they important?

A green space refers to an area found within a city or town, created for wildlife, leisure, environmental benefits, or visual appeal. These areas typically showcase a diverse range of plants, trees, and wildlife. They can encompass parks, gardens, nature reserves, and even unmanaged wild areas that let nature flourish with minimal human influence. Green spaces are essential for enhancing air quality, mitigating noise pollution, lowering urban temperatures, and offering a natural escape for those living in the city. The benefits of spending time in nature are widely researched as being proven ways to alleviate stress and aid a sense of well-being.



Green spaces provide much needed habitats for mammals, birds, insects and plants! These spaces provide educational resources to help children connect with the environment. Engaging with nature for even the shortest time is important for human health.

Wild Walks Cork Trails:

1. Ballybrack Woods
2. Ballincollig Regional Park
3. Atlantic Pond/Marina
4. The Bog Vernon
5. The Glen River Park
6. Tramore Valley Park
7. Parkowen
8. Cork City Otter Walk
9. John O Callaghan Park
10. Hazelwood Trail
11. Dolman's Woods
12. Curraheen Walk
13. Cork Lough
14. Cloegenmilcon Sanctuary,
15. Blarney
16. Blarney River Trail
17. Beaumont Quarry



This map is interactive. Click on an icon below to learn more – or scan the QR code on the information sheet.

-  Atlantic Pond / Marina Walk
Trail length: 750m – 6km
-  Ballincollig Regional Park
Trail length: 1 – 5km
-  Ballybrack Wood / Mangala
Trail length: 1.2km
-  Beaumont Quarry
Trail length: 1.2km
-  Blarney River Trail
Trail length: 2.4 – 5.6km
-  Clogeenmilcon Sanctuary
Trail length: 6.4km
-  Cork Lough
Trail length: 1km
-  Curraheen Walkway
Trail length: 5km
-  Doman's Wood
Trail length: 1.5km
-  Hazelwood Trail
Trail length: 188m
-  John O'Callaghan Park
Trail length: 850m
-  Otter Trail Cork
Trail length: 2.6km
-  Parkowen
Trail length: 156m
-  The Bog, Vernon Mount
Trail length: 1 – 2km
-  The Glen River Amenity Park
Trail length: 1 – 3.5km
-  Tramore Valley Park
Trail length: 2.5km



We would like to thank the funders of this project, Cork City Council, a long-term partner of Cork Nature Network, for their support and engagement and Jacobs Engineering for their sponsorship and support. We would also like to say thank you to our fantastic team of surveyors: Cliona Barry, Stephanie Corkery, Emily Mangan, Rory O'Connor, Chloe O'Donoghue and Rebecca O'Sullivan.



Comhairle Cathrach Chorcaí
Cork City Council



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